

# South\_Florida\_Contradance

Since 2005

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There is Contradancing this **Sunday** afternoon in **Boca Raton**.  
There is Contradancing this **Sunday** afternoon in **Coral Gables**.

**Sunday, June 18, 2017 is Fathers Day.**

*The mission of South\_Florida\_Contradance:  
To provide a means for the South Florida Contradance community  
to be aware of the various activities in our area;  
to foster cohesiveness within the Contradance community,  
by providing a means for people to connect  
with other like-minded people; and  
To help the Contradance community grow.*

South Florida's Contradance community welcomes  
singles, couples, and families.  
Beginner-friendly, all dances taught,  
most sessions have live music,  
and, you don't need to bring a partner!  
All events are smoking, alcohol, and fragrance free, *unless otherwise indicated*.  
Thank you for bringing clean dance shoes to protect the floor.  
If you can walk, you can Contradance!

**Notes:**

**How to Protect Your Computer from Ransomware Attacks**

<http://www.iobit.com/en/tips-how-to-protect-your-computer-against-ransomware-attacks-81.php>

Information for users of Windows®, plus a gentle promo for their software from Iobit.  
Don't think it can't happen to you.

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*Positive effects of contra dancing*  
in a NYTimes Wellness article  
in print on April 4, 2017, on Page D4 of the New York edition  
<https://nyti.ms/2nzGTQh>

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**The Broward Second Saturday Contradance**

*will be not holding Second Saturday dances June thru August this summer.*

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*Ecclesiastes: Chapter 3 -*

*1. To every thing there is a season, and a time to every purpose under the heaven: \*\*\*\* 4. A time to weep, and a time to laugh; a time to mourn, and a time to dance.*

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*The tax which will be paid for the purpose of education is not more than the thousandth part of what will be paid to kings,*

*priests, and nobles who will rise up among us if we leave the people in ignorance. - Thomas Jefferson*

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*But it does me no injury for my neighbor to say there are twenty gods or no god. It neither picks my pocket nor breaks my leg. -Thomas Jefferson*

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*A wise man makes his own decisions, an ignorant man follows the public opinion. - Grantland Rice.*

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The remaining **2017 National Parks free entrance days** will be:

August 25: National Park Service Birthday

September 30: National Public Lands Day

November 11-12: Veterans Day Weekend

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If you want to make peace with your enemy, you have to work with your enemy. Then he becomes your partner. - Nelson Mandela

"There can be no whitewash at the White House." - Richard Milhouse Nixon

*It pays to be obvious, especially if you have a reputation for subtlety; - Isaac Asimov*

## **DANCING IN THE KEYS**

### **Key Largo Contradances**

**The dances will resume in the Fall. [Dates TBA.]**

**Contact: Lora Bennett**

**[largo116@yahoo.com](mailto:largo116@yahoo.com)**

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*The Florida Keys, modest pods of earth protruding from a green sea, with U.S. 1 superimposed upon them, would certainly seem to validate my theory that littorals produce a gentle but distinctive seediness. The Keys constitute a kind of double littoral, the Atlantic on one side, the Gulf on the other. The little communities spread over these pods of earth provide more than enough seed to satisfy the greediest eye. - Larry McMurtry*

## **FOLK DANCE:**

### **International Folk Dance Class:**

**Tuesdays, from 10:30 AM - 12:30 PM**

Leader: Esther Mazor

Location:

Shirley and Barton Weissman Delray Center

7091 West Atlantic Avenue

Delray Beach, FL 33446

Cost is \$7 per class

The center sometimes has other events that interfere with my class, so please call me at the number listed below to make sure we have a class.

For information call Esther at 954-988-7333

Email: [esthermazor@aol.com](mailto:esthermazor@aol.com)

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### **International Folk Dance:**

Meets **Fridays**

Leaders: Janet Higgs, Robin Brigaerts

All levels - 11:00am - 1:30pm

Advanced session - 2:30-3:30

Location:

Veterans Park

802 NE 1st St, Delray Beach, FL 33483

Cost is \$5 for residents of Delray,

\$6 for non-residents  
Contact Janet 317-797-3435  
contact Robin Brigaerts [rbrigaerts@gmail.com](mailto:rbrigaerts@gmail.com)  
from April until November 1st to confirm dates and times.  
website:  
[www.balkanbythebeach.weebly.com](http://www.balkanbythebeach.weebly.com)  
FB page <https://www.facebook.com/groups/1185604231534525/>

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*Dancing with Ira*

**International Folk Dance**

**Saturdays**, in Margate

Watch for an announcement later for info about the dancing resuming in the Fall.

Ira Weisburd: 561.901.1200

[dancewithira@comcast.net](mailto:dancewithira@comcast.net)

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"I usually quote Plato, who said: 'It is very dangerous to allow the wrong kind of music in the republic.'" - Pete Seeger

***Due to computer problems, if you know someone who wanted to be added to the mailing list and was not, please ask them to send an email with 'SUBSCRIBE' in the subject line to [CliffPBC@gmail.com](mailto:CliffPBC@gmail.com)***

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Subscribe to the Newsletter and the 'RIDES' list

If you have friends who come to the dances but do not get this newsletter, please ask them to subscribe so they will have up-to-date information about where we are dancing.

All they need do is send an email with 'Subscribe' in the subject line to [CliffPBC@gmail.com](mailto:CliffPBC@gmail.com)

There will be two emails from Google groups: one for the newsletter, and one for the RIDES list telling you you have been added.

If you expected such a message and have not seen it, please look in your spam folder.

If you get the newsletter but not the emails from the 'RIDES' list,

please send an email with 'Subscribe RIDES' in the subject line to [CliffPBC@gmail.com](mailto:CliffPBC@gmail.com)

It is for more than ride-sharing; it is a low volume, moderated, group which allows members to post.

If you have a gmail address, you may subscribe from the home page of the group.

[http://groups.google.com/group/soflacontradance\\_rides\\_etc](http://groups.google.com/group/soflacontradance_rides_etc)

If your email has a 'whitelist' system,

it is *your responsibility* to set it up

to allow you to receive this Newsletter.

We cannot assist you in doing so.

*What's the difference between a ghost and a congressman?*

*Ghosts are transparent, and they show up. - Anon.*

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We will never sell, rent or give away your email address.

To unsubscribe, send an email to [CliffPBC@gmail.com](mailto:CliffPBC@gmail.com) from the address to be removed from the mailing list.

Please do not click reply to contact The Chief Factotum, EVEN THOUGH Google groups thinks you should.

Thank you.

*A rich man is an honest man—no thanks to him; for he would be a double knave to cheat mankind when he had no need of it. - Daniel Defoe*

Permission is hereby given for you to forward as many copies of this publication as you wish via email

**\*provided you forward the entire publication, including the copyright notice.\***

For permission to forward excerpts, please contact The Chief Factotum at

[CliffPBC@gmail.com](mailto:CliffPBC@gmail.com)

Please, peruse our copyright notice, reprinting information and deadlines in the paragraphs near the bottom. Thank you.

*-- We must not confuse dissent with disloyalty.*

*When the loyal opposition dies, I think, the soul of America dies with it. - Edward R. Murrow*

**BASTS\*\* = Bring A Snack To Share**

(Snack suggestions: cookies, pretzels, chips, bite size fruit or other finger food.

Home-made is nice; store-bought is good, too.)

*In a consumer society there are inevitably two kinds of slaves: the prisoners of addiction and the prisoners of envy. -Ivan Illich*

## **June Notes**

Wednesday, June 14, 2017

### **Downtown Delray Beach Drum Circle**

7:00 pm to 10:00 pm

Old School Square Park

50 NE Second Avenue, Delray Beach, FL

between Atlantic and NE First Street

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Third Friday, June 16, 2017

### **Contradance – Melbourne**

*will not be holding Third Friday dances June thru August 2017, this summer.*

Cocoa Beach dances will continue as scheduled.

<http://cocoabeachcontra.org/>

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Third Sunday, June 18, 2017

### **Palm Beach County's Third Sunday Contradance**

Dance 2:00- 5:30 pm.

Warm-up dances 2:00pm - 2:30pm

Music: Hot Java (Dan McGrath)

Caller: Brian Kushner

\$5 -- age 6 - 18,

\$10 -- age 19 +.

This is a BASTS\*\* dance, so...

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if you would like to have a snack at the break time,  
please bring one to share.

Michael's Body Scenes

Aerobics & Fitness Center

5994 S. W. 18th Street  
Boca Raton, FL  
561-750-7945

[www.bodyscenes.com](http://www.bodyscenes.com)

Parking is around the back of the shopping center.

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*Politics and church are the same. They keep the people in ignorance. - Bob Marley*

Third Sunday, June 18, 2017, 3:00 - 6:00pm

***Old Time Dances*** continue through the summer  
on ***Sunday afternoons*** from 3 to 6pm.

They feature Caller ***Anita Mason*** and the ***Cornbread Dance Band***.

***This is not a BASTS\*\* dance.***

*[They apologize for any conflict with the Third Sunday Boca dances; it's just when these could be scheduled.]*

**Admission just \$5 for diner-dancers;**

**dance only \$10;**

**\$25 for families.**

LOCATION:

***John Martin's Irish Pub and Restaurant***

***[Not necessarily smoke or alcohol free.]***

253 Miracle Mile

Coral Gables, FL 33134

ph 305-445-3777

Metered street parking, or use the Parking Garage right across the street.

*As previously announced, the Barnacle's outdoor dance series will take a break for the summer and resume again with dancing Sunday, September 24, 2017.*

## ***Further Ahead Notes***

*Among all forms of mistake, prophecy is the most gratuitous. - George Eliot*

Saturday, July 29, 2017

Fifth Saturday Contradance at the Davie Woman's Club

Band: Joe Bone with Bob Murphy

Caller: TBA

Davie Woman's Club

6551 Orange Dr.

Davie, FL, 33314

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*Of great riches there is no real use, except it be in the distribution. - Francis Bacon*

August 5-12, 2017

**Andy Shore**, a well regarded Contra & Square Dance Caller

will be appearing as part of **CDSS American Dance & Music Week** at Pinewoods.

Andy will be teaching an intensive "blitz" course in

*Modern Western Square Dance for Contra Dancers (MWSD)*

<http://www.cdss.org/programs/dance-music-song-camps/camp-weeks/mwsd>

[Andy used to live in South Florida. California's gain is our loss.]

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Saturday, September 30, 2017

Fifth Saturday Contradance at the Davie Woman's Club

Band: Joe Bone with Bob Murphy

Caller: TBA

Davie Woman's Club

6551 Orange Dr.

Davie, FL, 33314

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October 27-29, 2017

**Fall Ball**

Pinellas Park Auditorium

7690 59th St.

Pinellas Park, FL

Music by:

The Mean Lids with Ben Smith on fiddle; Miriam Larson on flute and Matt Turino on guitar;

The Kumquats with Bill Dudley and friends.

Calling by:

Seth Tepfer from Atlanta and local callers.

Registration forms will be available, in late July, at [www.tampabaycontra.com](http://www.tampabaycontra.com)

<https://www.facebook.com/Tampa-Friends-of-Oldtime-Dance-187650774657302/>

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January 26 - 28, 2018

**Florida Snow Ball**

Gulfport Casino Ballroom

5500 Shore Blvd.

Gulfport, FL

Music by:

Elixir, with Anna Patton on clarinet, Ethan-Hazzard-Watkins on fiddle, Jesse Readlynn on trumpet/flugelhorn, Owen Morrison on guitar/feet percussion, and Brian Bender on trombone/melodica;

Gaslight Tinkers, with Audrey, Jopey, Garrett, and Peter.

Calling by Cis Hinkle (Atlanta) and Susan Petrick (California)

Registration forms will be available in late August at [www.floridasnowball.com](http://www.floridasnowball.com)

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**Miscellaneous Notes:**

**The Riot Act:**

"Our Sovereign Lady the Queen chargeth and commandeth all persons, being assembled, immediately to disperse themselves, and peaceably to depart to their habitations, or to their lawful business, upon the pains contained in the Act made in the first year of King George the First for preventing tumults and riotous assemblies. God Save the Queen."

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The more you try to avoid suffering, the more you suffer, because smaller and more insignificant things begin to torture you, in proportion to your fear of being hurt. The one who does most to avoid suffering is, in the end, the one who suffers most. - Merton, T., The Seven Storey Mountain.

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Since when do we have to agree with people to defend them from injustice? - Lillian Hellman

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*The more you try to avoid suffering, the more you suffer,  
because smaller and more insignificant things begin to torture you, in proportion to your fear of being hurt.  
The one who does most to avoid suffering is, in the end, the one who suffers most.  
Merton, T., The Seven Storey Mountain*

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*We can either have democracy in this country  
or we can have great wealth concentrated in the hands of a few.  
But we can't have both. - Justice Louis Brandeis*

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*"When we begin contra dancing we take care of ourselves.  
As we become more proficient we take care of our partner and ourselves.  
Then our set - then our community." - unknown (Via Charlotte Contradancers)*

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***Literature encourages tolerance - bigots and fanatics seldom have any use for the arts, because they're so preoccupied with their beliefs and actions that they can't see them also as possibilities. -Northrop Frye***

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*Where large sums of money are concerned, it is advisable to trust nobody. - Agatha Christie*

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**Politics and church are the same. They keep the people in ignorance. - Bob Marley**

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*Not only do most people accept violence if it is perpetuated by legitimate authority, they also regard violence against certain kinds of people as inherently legitimate, no matter who commits it. - Edgar Z. Friedenberg*

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*"For me, a few hours ago, this campaign came to an end. For all those whose cares have been our concern, the work goes on, the cause endures, the hope still lives, and the dream shall never die." -- Senator Teddy Kennedy*

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*Hatred is the most accessible and comprehensive of all the unifying agents.  
Mass movements can rise and spread without belief in a God, but never without belief in a devil. - Eric Hoffer*

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## **More Notes:**

This newsletter's home page is:

[http://groups.google.com/group/South\\_Florida\\_Contradance](http://groups.google.com/group/South_Florida_Contradance)

*-- Neither a man nor a crowd nor a nation can be trusted to act humanely  
or to think sanely under the influence of a great fear. - Bertrand Russell*

Our companion group is at [http://groups.google.com/group/soflacontradance\\_rides\\_etc](http://groups.google.com/group/soflacontradance_rides_etc)

PLEASE:

To reach the Chief Factotum send an email only to [CliffPBC@gmail.com](mailto:CliffPBC@gmail.com)

PLEASE...

DO NOT USE 'REPLY',

and

CHANGE THE SUBJECT LINE TO REFLECT THE CONTENT.

**MANY THANKS**

Use the 'RIDES' list if you want to carpool to Contradances.

Send emails to: [soflacontradance\\_rides\\_etc@googlegroups.com](mailto:soflacontradance_rides_etc@googlegroups.com)

*-- There are stars whose radiance is visible on Earth though they have long been extinct.*

**There are people whose brilliance continues to light the world though they are no longer among the living.**

**These lights are particularly bright when the night is dark. They light the way for humankind. - Hannah Senesh**

Volunteer(s) needed!

**It is better to prevent crimes than to punish them. - Cesare Beccaria**

**WE NEED VOLUNTEERS** at each dance; everyone would prefer to dance, but...

We also need help with refreshments, welcoming newcomers, helping at the "front desk",

or cleaning up a little afterward. If there's something else you'd like to do, just ask. Five minutes (or longer if you can) of several people's time would be very helpful! You can ask for details at the front desk at any dance. All the groups on the WWWeb are happening because the people doing them volunteered. helping at the front desk for a dance, or a few minutes, will allow the 'regular' volunteer to dance, too.

If I am not for me, who will be for me?  
But being for myself alone, what am I?  
And if not now, when? - R. Hillel

If you would like information about

### **Home Hospitality**

for Contradancing in South Florida,  
or if you have other travel related questions,  
contact Merle by email: [meditation333@hotmail.com](mailto:meditation333@hotmail.com).  
(No last-minute requests, please.)

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**New Hampshire Library of Traditional Music & Dance -**  
Milne Special Collections - University of New Hampshire Library  
<http://www.library.unh.edu/special/index.php/category/folk-music-dance>

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*If you end up with a boring, miserable life because you listened to your mom, your dad, your teacher, your priest, or some guy on television telling you how to do your s\*\*t, then you deserve it. - Frank Zappa*

**Audio from Phoenix, AZ's KJZZ:**  
The Community Of Contra  
<http://kjzz.org/content/59744/community-contra>

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An American Ballroom Companion  
presents a collection of over two hundred social dance manuals at the Library of Congress.  
<http://memory.loc.gov/ammem/dihtml/dihome.html>

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Contradance etiquette for the guys  
Words & link to video.  
<http://www.alexkg.com/contra-dance-etiquette-for-the-guys/>  
Words & Music by a couple of guys named VanNorstrand.

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*In a consumer society there are inevitably two kinds of slaves: the prisoners of addiction and the prisoners of envy. -Ivan Illich*

Downloadable Contradance ringtones:  
[http://www.cdss.org/ringtones.html?isorc=1&utm\\_source=E-News+-September+2014&utm\\_campaign=CDSS+Sept+2014+E-News&utm\\_medium=email](http://www.cdss.org/ringtones.html?isorc=1&utm_source=E-News+-September+2014&utm_campaign=CDSS+Sept+2014+E-News&utm_medium=email)

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**History of American Folk Music and Folk Dance**  
source now available online in a searchable database.  
Cecil Sharp's Appalachian Diaries: 1915-1918  
"Cecil James Sharp (1859-1924) was England's most prolific folk music and dance collector in what is now widely known as the First Folk Revival." <snip>  
"Sharp's North American collection is regarded as a landmark in folk music fieldwork and here we are making available online access to Cecil Sharp's only surviving personal diaries in which he describes his collecting experiences in the Appalachian Mountains."



Vaughan Williams Memorial Library  
<http://www.vwml.org/browse/browse-collections-sharp-diaries>

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### **Local musician, radio show host a big deal in international contra music scene**

By Fred Kight

In the world of contra dance music, Mark Hellenberg is a star. The fame is far greater than what he gets for being on the air at Athens-based WOUB public radio.

<http://www.athensnews.com/ohio/article-44658-local-musician-radio.html>

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### **Taking Care of Your Body for Lindy Hoppers**

[Useful for Contradancers, too.]

How-to with some diagrams.

<http://danandlaine.com/taking-care-of-your-body-for-lindy-hoppers/>

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Dance, when youâ€™re broken open.

Dance, if you've torn the bandage off.

Dance in the middle of the fighting.

Dance in your blood.

Dance when you're perfectly free.â€ - Rumi (?)

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## **Local Dance Venues**

Some First Fridays

currently by announcement only

Kendall - Dice House

10000 SW 82nd Avenue,

Miami FL 33176

Web site (with map):

<http://www.dadeheritagetrust.org/content/1917-dice-house>

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First Saturday in Boca Raton, 7:00 to 10:30pm

Michael's Body Scenes

Aerobics & Fitness Center

5994 S. W. 18th Street

Boca Raton, FL 33433

561-750-7945

[www.bodyscenes.com](http://www.bodyscenes.com)

(It's around the back of the shopping center.)

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Second Saturday

Broward Contradance

River of Grass UU Hall

11850 West State Road 84

Davie, FL 33325

Contact: Patrick 954-431-0690

also see The Broward Contra Dance website

<http://www.customsports.biz/browardcontradance.html>

Directions to The Broward Contradance:Location:

West State Rd. 84 between Flamingo Rd & Hiatus Rd (aka SW 112th Ave)

*From I-95 and the Florida Turnpike*

Take I-595 West to Flamingo Road exit,  
when off of I-595 get into left lane of the exit ramp,  
just before Flamingo Rd., (turnaround lane,)

U-turn under I-595 onto SR 84 heading east,  
get in right lane, go ONLY a quarter mile, turn right into first set of stores  
The River of Grass UU Hall is in the first suite on the left,  
parking is around to the side

*From I-75 or the Sawgrass Expressway:*

Exit I-75 to I-595 eastbound, get off at Flamingo Road exit--  
at Flamingo Rd. continue straight through intersection on SR 84 heading east,  
get in right lane, go ONLY a quarter mile, turn right into first set of stores  
The UU River of Grass Hall is in the first suite on the left  
Parking is around to the side

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Third Sunday Afternoon Contradance

2:00 - 5:30pm

Michael's Body Scenes

Aerobics & Fitness Center

5994 S. W. 18th Street

Boca Raton, FL 33433

561-750-7945

[www.bodyscenes.com](http://www.bodyscenes.com)

(It's around the back of the shopping center.)

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The Fourth Friday **Contradance in STUART** has been **CANCELLED!**

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Fourth Sunday in Coconut Grove

*September to April*

at the Barnacle Historic State Park

3485 Main Highway

Coconut Grove, FL

Directions:

>From North: I-95 South becomes So. Dixie Hwy/US-1.

Turn LEFT onto Unity Blvd/FL-9/SW 27TH Ave.

Turn RIGHT onto So. Bayshore Dr.

Turn RIGHT onto McFarlane Rd.

Turn LEFT onto Main Hwy.

End at 3485 Main Hwy.

Contact:

e-mail:

Funds raised support the historic house and grounds

[www.floridastateparks.org/thebarnacle](http://www.floridastateparks.org/thebarnacle)

=> The Barnacle Society, Inc. is a volunteer non-profit,  
citizen-supported organization created to generate public awareness,  
education, and financial support for the preservation and maintenance

of The Barnacle Historic State Park.  
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Fifth Saturdays

Davie Woman's Club

6551 Orange Dr.

Davie, FL 33314

Directions: >From I-95,take I-595 West to Davie Road (NOT DAVIE BLVD).

Head south about a mile, or a mile and a half, to Orange Drive.

Go west [Right] one block and the club is on your right.

Turn right and park in the first or second lot on your left.

If they are full, park in the Davie Rodeo Arena lots, further up the block.  
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Contra Dancing in The Florida Keys 2017

**Long Key Contradances**

**at Outdoor Resorts**

**are the following Fridays:**

**10 February, 24 February, 10 March, and 24 March,**

**Contact: Sylvia Kaplan**

**[<sylken-solutions@verizon.net>](mailto:sylken-solutions@verizon.net)**

**973-477-1330**

**Key Largo Contradances**

**2nd and 4th Saturdays in February.**

**March and April dates TBA.**

**The location is the Key Largo Library Community Room  
**(in the Publix shopping center)****

**from 6:30-8:30pm.**

**Contact: Lora Bennett**

**[largo116@yahoo.com](mailto:largo116@yahoo.com)**  
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**Weekly Non-Contra Dances**

**ON BREAK -- Thursday, 7:00 - 9:30pm**

**New Beginner Modern Western Square Dance Classes**

**The South Florida Mustangs**

**- the world's first LGBTQ\* Modern Western Square Dance Club**

**- is reactivating with new beginner classes.**

**Plenty of parking. No dress code.**

**No experience necessary & no partner necessary.**

**All are welcome.**

**Calling/teaching by Chris Phillips.**

**Classes from 7-9:30pm. \$5 at the door**

**Island City Park Preserve - <http://goo.gl/maps/g1zXP>**

**823 NE 28th St.**

**Wilton Manors, FL 33334**

**for more info see <http://www.southfloridamustangs.org/>**

**or call 305-899-1710**

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Outreach:

**WHY OUTREACH:**

We need more people to attend our dances, so we can support our musicians and callers, and pay for the space we dance in.

We have dancing two or three times a month in Palm Beach County, so we need even more dancers, so that we can keep them all going.

Please bring friends and acquaintances;  
if they can walk, they can Contradance.

We hope they will want to return.

If you are bringing new dancers to the dance,  
please bring them for the beginners lesson at 7:30pm.

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*Oral traditions, digital transmission*

Recorded media use in passing down Contra traditions

<http://ramblingwejak.blogspot.com/2015/12/oral-traditions-digital-transmission.html>

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The Power of Touch and Contra Dancing

<http://blogs.forward.com/sisterhood-blog/209426/the-power-of-touch-and-contra-dancing/>

Dancing retiree finds it's never too late to learn some new steps.

<http://www.newsworks.org/index.php/speak-easy/item/76787-dancing-retiree-finds-its-never-too-late-to-learn-some-new-steps>

**A good intro for friends who have never Contradanced:**

[http://www.customsports.biz/dance\\_info.html](http://www.customsports.biz/dance_info.html)

**Another very good intro** for friends who have never Contradanced:

Chattahoochee Country Dancers (CCD) dance and tell

Why We Contra Dance.

Short clips featuring several CCD contra dancers and couples.

Calling by Maggie Cowan and Charlotte Crittenden.

Music by Crosstown Traffic and Mock Turtle Soup.

CCD is located in Clarkston, Georgia.

<http://www.youtube.com/watch?v=7m9EGS4iiOg>

or <http://youtu.be/7m9EGS4iiOg>

Thanks to Chattahoochee Country Dancers(CCD) and Janet Shepherd:

For beginner lessons and other contra dance videos on:

[http://www.contradance.org/html/what\\_is.php](http://www.contradance.org/html/what_is.php)

See the links for "Contra Dance Videos".

Also, you may go to ContraUSA.com for videos,  
and to Wikipedia:

<http://en.wikipedia.org/wiki/Contradance>

Or go to Youtube.com and search for "Contra dance training"

\* Crossover contra is contra dancing to non-traditional music such as Techno, Hip-Hop, etc.

<http://www.youtube.com/watch?v=eHCfIEc534o>

or [vimeo.com/1786406](http://vimeo.com/1786406)

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Contra dancing serves as social exercise

<http://www.floridatoday.com/story/life/community/2014/09/09/contradancing-serves-social->

[exercise/15319511/](http://www.qccd.org/contrabib.html)

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A bibliography of reference materials on Contradance. [A few years old and not updated.]  
<http://www.qccd.org/contrabib.html>

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An interesting article:

Desert Exposure July 2012

**The Lively Arts**

Fun with Footwork

In Mesilla, the old tradition of Contra dancing is drawing a new generation to the dance floor.

by Karen Ray

"Every third Friday they gather at the Community Center in the old village of Mesilla.

The monthly Contra Dance is about to begin.

A nearby plaque proclaims that Billy the Kid was once tried and sentenced to hang in this town.

It is something the locals are proud of.

History runs deep here along the ancient Camino Real trail.

<more>

[http://www.desertexposure.com/201207/prt\\_201207\\_contra\\_dance.php](http://www.desertexposure.com/201207/prt_201207_contra_dance.php)

=====  
IMNSHO Well worth reading

JoLaine Jones-Pokorney: The Dangers of Being a Dance Gypsy

<http://jolainejonespokorney.blogspot.com/2013/06/the-dangers-of-being-dance-gypsy.html>

=====  
The Federal Government has a plan *in case we are hit with catastrophic solar flares*. <http://www.digitaljournal.com/science/white-house-prepares-six-step-plan-for-catastrophic-solar-flares/article/448073>

**Links:**

Contradance has been added to the mapdance app.

<https://facebook.com/mapdance.info>

=====  
South Florida Contra Dance, a web page covering most of South Florida.

<http://www.southfloridacontradance.com/>

South Florida Contradancing is on Facebook.

Just go to Facebook and search 'South Florida Contradance' or click this link:

<http://www.facebook.com/pages/South-Florida-Contradance/147725978599669?ref=ts>

=====  
*The 'Net interprets censorship as damage and routes around it. -John Gilmore*

=====  
Dance Web Florida

Don Pauley's pages, which cover all Contra,

English Country, Ceili, and Scandinavian dancing in Florida.

Also links to Scottish, International and many more dances and Folk Music.

<http://dancefl.us/contra/index.php>

<https://www.facebook.com/pages/Dance-Web-Florida/222972087720293?sk=wall&refid=0>

Charlie Seelig is Webmaster for:

<http://www.contradancelinks.com/southatlantic.html>

=====  
Information, Resources and Encouragement  
to Help Traditional Dance Organizers, Callers,  
Musicians and Dancers to Share the Joy  
<https://sites.google.com/site/danceambassadors/>  
=====

Check out the following groups on Facebook  
(if you are satisfied with their privacy policies):

"Tampa Contra Dance",

"Florida Snow Ball",

"Crossover Contra"

\* [.www.facebook.com/OrangeBlossomBallContraDanceWeekend](https://www.facebook.com/OrangeBlossomBallContraDanceWeekend)

[Does anyone know other good links to recommend to would-be Contradancers?]

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Topics for discussion:

*No idea can be considered valuable until a thousand people have laughed at it. Lao Tzu*

---

Warren has suggested a bi-monthly or quarterly evening waltz party/dance.  
There has been some discussion on the SoFlaContradance\_Rides\_etc group about this.  
If anyone is interested in hosting, please email to the list or The Chief Factotum.

Members may email to [soflacontradance\\_rides\\_etc@googlegroups.com](mailto:soflacontradance_rides_etc@googlegroups.com)

To sign up, that group's home page address is:

[http://groups.google.com/group/soflacontradance\\_rides\\_etc](http://groups.google.com/group/soflacontradance_rides_etc)

*It is a republic, if you can keep it. - Benjamin Franklin*

*I had rather take my chance that some traitors will escape detection than spread abroad a spirit of general suspicion and distrust, which accepts rumor and gossip in place of undismayed and unintimidated inquiry. -Justice Learned Hand*

---

Do any 'old-timers' have info about  
the beginning of Contradancing in South Florida?  
Some folks say we're coming up on the 35th Anniversary;  
others say we're dancing longer than that.

Please let me know at [CliffPBC@gmail.com](mailto:CliffPBC@gmail.com)

And many thanks to those long-time dancers who have already responded.

*This sentence would be seven words long if it were six words shorter. - Anon*

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*For a list of all the ways technology has failed to improve the quality of life, please press three. - Alice Kahn*

**THE (not so) FINE PRINT:**

**Contra Dancing is strenuous physical activity.**

**It is your own responsibility to make sure that you are in proper health and physical condition to engage in it.**

*South\_Florida\_Contradance provides information and announcements, about Contra dancing,*

*and other items and activities of interest, mostly in South (East) Florida, as a service to the*

*dance community.*

*It is sent out approximately weekly via a Google Groups mailing list to people who have expressed an interest in receiving the newsletter (opt -in).*

Any views or opinions presented in this newsletter are solely those of the author(s) and you are not required to agree with them.

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Contributions and submissions to the South\_Florida\_Contradance newsletter are welcome, but the right to select material to be published is reserved.

Contributions and submissions may be edited for length, clarity, space or other reasons deemed adequate by the Editor and Publisher.

We reserve the right to change submission guidelines at any time for any reason or whim, without prior notice.

Please ensure that you have read the current Guidelines.

Due to certain considerations appurtenant to untimely communications, the South\_Florida\_Contradance newsletter must henceforth, in perpetuity, require submissions to be received by the Friday Noon prior to the issue you need it in; earlier is better; later they may not be included.

Send submissions only to [CliffPBC@gmail.com](mailto:CliffPBC@gmail.com) Submissions to other addresses will not be accepted.

Thank you for your understanding.

*Four when ewe are righting: Run lng eh spell chequer all ways makes things all most rite.*

No endorsements:

Unless otherwise specified, publication of any announcement, statement, or advertisement is not deemed to be an endorsement by the South\_Florida\_Contradance newsletter or its creators of the views expressed therein, nor shall publication of any advertisement be considered an endorsement by the South\_Florida\_Contradance newsletter or its creators of any activity, product, good or service involved, referenced or offered.

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Respectfully submitted by Clifford I. Nomberg, J.D., Editor, Publisher & Chief Factotum.

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